## CMS Participation Track Meet

The annual Cheney Middle School Participation Track Meet will be held Tuesday, April $6^{\text {th }}$, at Cardinal Stadium, with field events beginning at 3:00 pm. There will be no preliminaries. Please refer to the order of events for more information.

Teams Invited: Andale, Bluestem, Cheney, Comanche, Garden Plain, St. Mark's and Wichita Homeschool

Bus Parking: Buses may unload on South side of track and park on street next to the Industrial Technology Building.

## Track:

- The track, high jump and long jump areas are an IAAF certified polyurethane running surface. Spikes no longer than $1 / 4^{\prime \prime}$ may be worn.
- There will be one pole vault, two shot put rings, two long jump pits and two discus rings available.


## Football Field:

- No field event implements are allowed into the track or football field area.
- No sports drinks or sunflower seeds allowed on track or football field, water only please.


## Special Instructions:

- The coaches meeting will start at $2: 30 \mathrm{pm}$ in the bleachers in front of the press box.
- Ribbons through 6 places for individual events and top 3 places for relays will be given to coaches at the end of the meet.
- KSHSAA regulations will govern the meet and recommended order of events will be followed.
- Camp areas will be outside the fenced track area. No team will camp on the infield or the South bleachers. Coaches and track competitors only will be allowed on the infield.
- A concession stand will be provided by Eta Theta Sorority.


## Entries:

- There will be four divisions: $7^{\text {th }}$ Girls, $8^{\text {th }}$ Girls, $7^{\text {th }}$ Boys, $8^{\text {th }}$ Boys
- School may use only 7th graders and only 8th graders on a relay team
- Unlimited entries per team will be allowed for individual races and field events. Relay teams are limited to 2 teams per school. Team scores will not be kept.
- We will use an FAT system for this meet. With no preliminaries, in order to have the best competitors in the same heat, try to make your best estimate on times. We realize that with this being early in the season, it may be difficult to determine. Please do the best you can so that we can heat races as accurately as possible. If no time is listed, that runner will be placed in a slower heat.
- Entries will be made in Direct Athletics. You can find the meet listed as "CMS Participation Meet".
- The cut-off time for entries is $1: 00 \mathrm{pm}$ on Monday, April 5. Substitutions and Deletions can take place at the coaches meeting.

Fees: $\$ 140$ for full team $/ \$ 35$ per division (Entries in $7^{\text {th }}$ girls, $8^{\text {th }}$ girls, $7^{\text {th }}$ boys, $8^{\text {th }}$ boys)

## Covid Guidelines for Teams

- If athletes are sick or don't feel well, don't bring them to the meet.
- All coaches and athletes must have a mask when entering the facility.
- Athletes and coaches must wear a mask when they are not able to be 6' from others.
- Team camps are for the intended team only, not for visiting teams to mingle.
- Teams are to bring their own water. There will not be a shared water source for athletes.


## Order of Events

| (3 attempts will be allowed for the field events below) |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Discus <br> East | Discus West | Shot Put South | Shot Put North | Long Jump NE | Long Jump NW | High <br> Jump <br> North | High <br> Jump <br> South | Pole <br> Vault | Triple <br> Jump <br> South |
| $\begin{gathered} 7^{\text {th }} \text { Boys } \\ \downarrow \end{gathered}$ | $7^{\text {th }} \text { Girls }$ | $\begin{gathered} 8^{\text {th }} \text { Boys } \\ \downarrow \end{gathered}$ | $8^{\text {th }}$ Girls $\downarrow$ | $\begin{gathered} 8^{\text {th }} \text { Boys } \\ \downarrow \end{gathered}$ | $8^{\text {th }} \text { Girls }$ <br> $\downarrow$ | $\begin{gathered} 7^{\text {th }} \text { Boys } \\ \downarrow \end{gathered}$ | $\begin{gathered} \hline 7^{\text {th }} \text { Girls } \\ \downarrow \end{gathered}$ | $\begin{gathered} 8^{\text {th }} \text { Boys } \\ \downarrow \end{gathered}$ | $7^{\text {th }}$ Girls <br> $\downarrow$ |
| $8^{\text {th }}$ Boys | $8^{\text {th }}$ Girls | $7{ }^{\text {th }}$ Boys | $7^{\text {th }}$ Girls | $7{ }^{\text {th }}$ Boys | $7^{\text {th }}$ Girls | $8^{\text {th }}$ Boys | $8^{\text {th }}$ Girls |  | $7^{\text {th }}$ Boys $\downarrow$ $8^{\text {th }}$ Girls $\downarrow$ $8^{\text {th }}$ Boys |

NOTE: The next field event will begin immediately after the conclusion of the preceding event.

No Prelim races, all races are Finals
4:00 PM (3200M run $-8^{\text {th }}$ boys/girls, $7^{\text {th }}$ boys/girls may run together)
(7G followed by 7B followed by 8G followed by 8B)
75 M Hurdles
100 M Dash
1600 M Run
400 M Relay
Results Available Here
400 M Dash
800 M Relay
800 M Run
200 M Dash
200 M Hurdles

1600 M Relay

