

GREAT BEND MIDDLE SCHOOL



CROSS COUNTRY VISITOR INFORMATION

Event: Middle School Cross Country Invitation, Thursday, September 3rd.

Entry Fee: Please mail your entry fee of \$60 dollars or \$15 per division to GBMS, 1919 Harrison St, Great Bend, KS 67530.

Location: Lake Barton (5 mi. north of Great Bend on Hwy 281 to NW 60 Rd and ¼ mile west)

Event Information: The 7th and 8th grade course will be marked with an orange line. The 8th graders will run the mile loop twice. Please make sure your team knows the course before the race. Races will be limited to 10 runners per school. Camps need to be spread out and masks worn if social distancing cannot be maintained. Parents are not allowed in the camp area and should social distance on the course. We do not want gatherings at the start and finish lines. Runners will be called to line up 2 minutes before the start time. No team huddles before the race. **Please bring plenty of water for your team.** You may provide water to your runners at any time.

Medals will be awarded to the top 10 runners per division. The 1st place team in each division will receive a team plaque. There will not be an awards ceremony.

Start Schedule is: **2:00** 7th Girls **2:15** 7th Boys **2:30** 8th Girls **3:00** 8th Boys

Chute and lane assignments:	Chute 1. Dodge City Middle
	Chute 2. Dodge City Comanche
	Chute 3. Great Bend
	Chute 4. Garden City Horace Good
	Chute 5. Garden City Ken Henderson
	Chute 6. Hays
	Chute 7. Prairie Hills
	Chute 8. Hoisington

*****Coaches**, please submit entries at the following link- ks.milesplit.com **before 8pm on September 1st.** You will be asked to choose which meet you are attending, then submit coach and school information followed by female and then male athletes. Once the information is submitted you will get a confirmation e-mail. If there are any questions please contact Paul Marshall @ pmarshall57@cox.net or at 620-792-9665.

Myron Ellegood- Assistant Principal/AD

Tim Brooks- Assistant AD

620-793-1510